



✦✦ Charging ✦✦

What is Charging?

Charging is the practice of directing energy into an item, space or entity to fill it with your desired intention. This skill can be utilized to create talismans, home guardians, sacred spaces, and much more. Charging is a key skill that can be utilized to manifest powerful results.

How to Charge?

While you can charge items with your energy alone, it is usually safer and less draining to use tools and ingredients to facilitate the charging. When picking herbs, crystals, and other tools to charge with, keep in mind the type of energy you want the items to have. For example, if you want to charge a talisman with protective energy, try putting it in a bowl of salt, obsidian, and rosemary- since those ingredients all have protective qualities.

Choose your target. This is anything that you intend to fill with energy

Gather together the tools and ingredients with correspondences that match your intentions.

Place the items near your charging ingredients

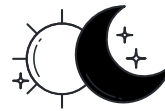
Focus your intentions and direct the energy into the items you are seeking to charge

Listen to your intuition. It will tell you when the item has fully charged

When to Charge

- After cleansing a tool/item
- When a tool/item's energy feels weak
- When a space feels empty or stagnant
- When you want an item to hold a certain intention or purpose

Common Methods



Sun and moonlight

You can set an object in the sun or moonlight to let it soak up that energy



Crystals

Crystals that have been charged and cleansed can be used to charge other items



Herbs

Charge an item with herbs by passing them through herb smoke or anointing them with herbal oils.



Sound

Use singing bowls, bells, or music to fill an item or space with energy



Visualization

Picture your energy and intention flowing into your item



Elements

Use the power of any of the four elements to charge items